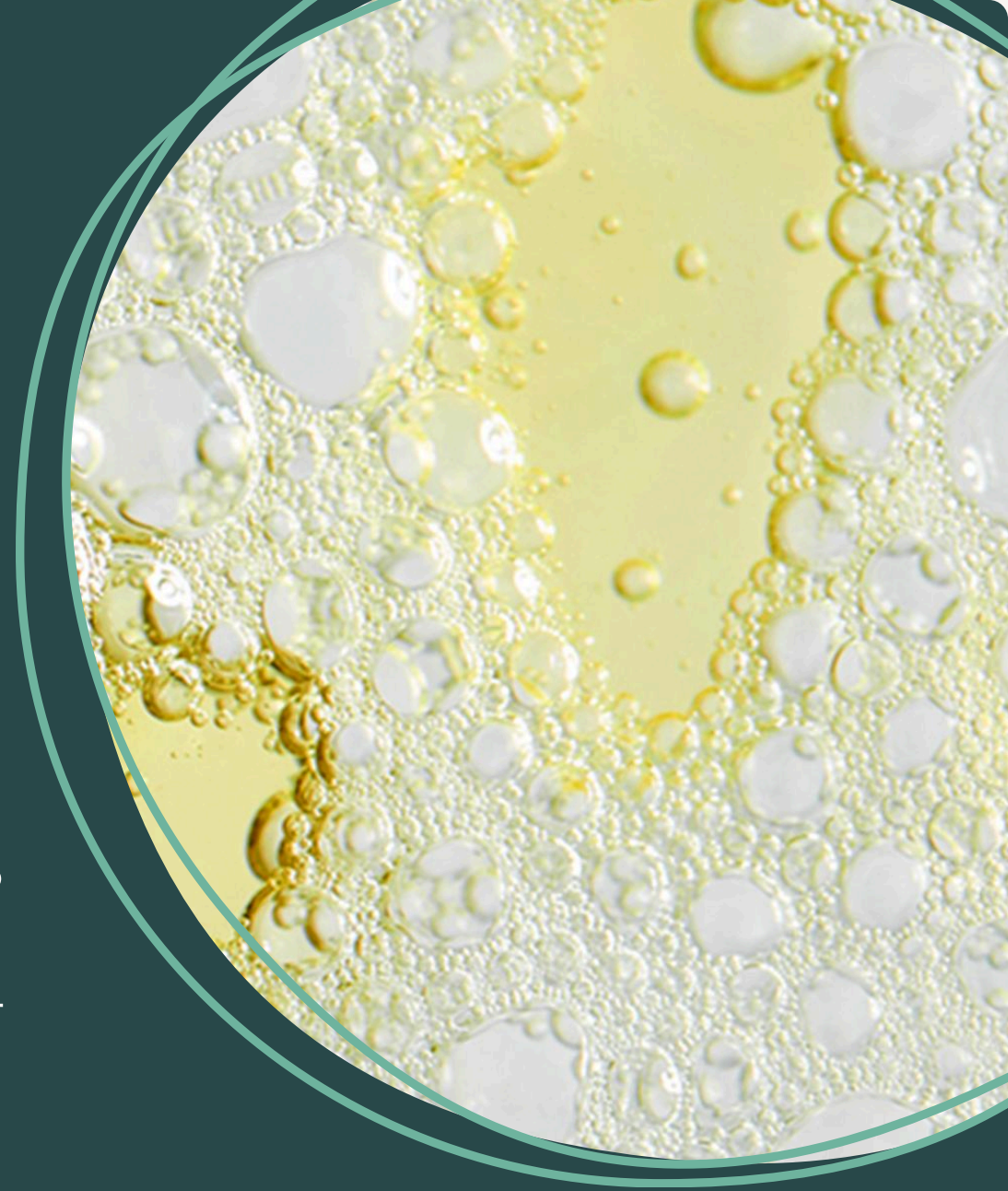




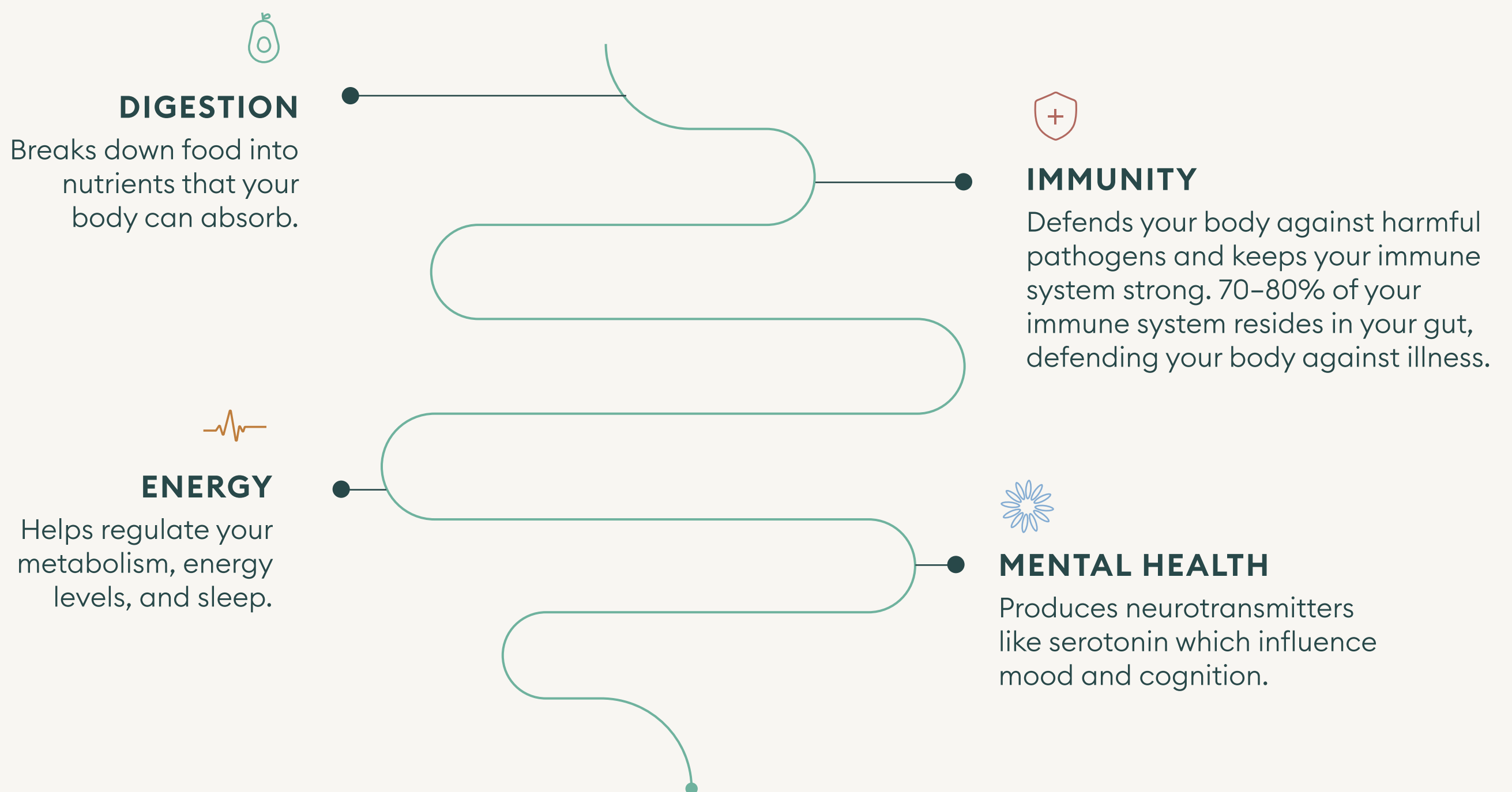
x Parsley Health

Meet Your Gut's Microbiome

Your gut's microbiome (the ecosystem of gut flora that lives in your intestine) is home to trillions of bacteria, fungi, and other microbes that are essential to your health. Also known as your body's "second brain", your gut is closely connected to your mental well-being. Understanding the crucial roles that your gut plays is the first step toward maintaining a balanced microbiome—which is key to your overall health.



The gut system at work



Ready to start feeling better? Get to the root cause of your symptoms.

Valley Schools has partnered with Parsley Health to provide root-cause medicine care to eligible employees and dependents 18+ on the UnitedHealthcare medical plan with Valley Schools, who are managing a chronic condition. Parsley Health's personalized program proactively addresses top risk factors and health conditions, including autoimmune, GI & digestive, reproductive & hormone, cardiometabolic, diabetes & pre-diabetes.

Visit parsleyhealth.com/valleyschools and complete the intake form to see if you are eligible.